



# FOCUS ON FAMILIES



**A survival guide for mums, dads and carers of Primary aged children!**

*Enjoy the opportunity to come and share ideas, participate in discussion, pick up hints and tips, problem solve and support each other.*

Come and join our workshops where we aim to encourage the following:

- **Share ideas and talk about practical ways to manage behaviour.**
  - **Help parents to build a 'tool kit' of ideas and resources.**
  - **Build a positive relationship between you and your child.**

Workshops last for 2 hours each week and run for 6 consecutive weeks, each session building on the previous one. It is important that you attend every session!

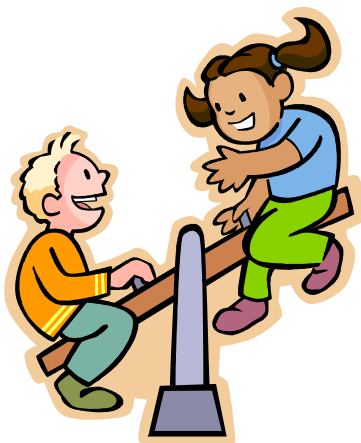
*During the six workshops we will be looking at:*

- **Life as a Parent**
- **Stress Management**
- **Talking and Listening**
- **Encouraging Positive Behaviour**
- **Managing Difficult Behaviour**
- **Bringing it all Together!**



**Our next workshop will be running at Takeley Primary School, starting on Tuesday 7<sup>th</sup> September 2010 from 7 - 9 pm.**

*Think it sounds interesting but not quite sure - then please contact us to ask any questions. You can call Carole Oakley, based at Rodings Primary School on 01279 876288 or e-mail us at [familyworkshops@dsmprimary.essex.sch.uk](mailto:familyworkshops@dsmprimary.essex.sch.uk)  
We look forward to hearing from you!*



*To book your place on the workshop at Takeley Primary School, please e-mail [familyworkshops@dsmprimary.essex.sch.uk](mailto:familyworkshops@dsmprimary.essex.sch.uk) giving your name and telephone number, or complete the tear off slip below and return it to:  
Takeley Primary School, Roseacres, Takeley, Bishops Stortford, Hertfordshire, CM22 6QY or call the school on 01279-870541 and give your name and number.*

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I/We would like to attend the Focus on Families workshops to be held at Takeley Primary School starting on Tuesday 7<sup>th</sup> September 2010

Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

E-mail (optional): \_\_\_\_\_