



FOCUS ON FAMILIES



A survival guide for mums, dads and carers of Primary aged children!

Enjoy the opportunity to come and share ideas, participate in discussion, pick up hints and tips, problem solve and support each other.

Come and join our workshops where we aim to encourage the following:

- **Share ideas and talk about practical ways to manage behaviour.**
 - **Help parents to build a 'tool kit' of ideas and resources.**
 - **Build a positive relationship between you and your child.**

Workshops last for 2 hours each week and run for 6 consecutive weeks, each session building on the previous one. It is important that you attend every session!

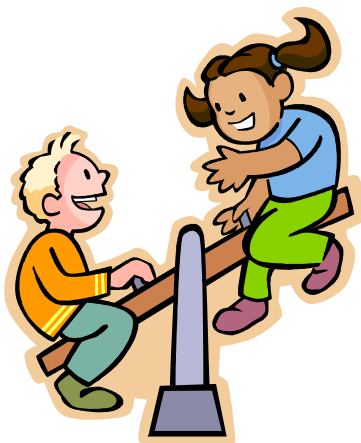
During the six workshops we will be looking at:

- **Life as a Parent**
- **Stress Management**
- **Talking and Listening**
- **Encouraging Positive Behaviour**
- **Managing Difficult Behaviour**
- **Bringing it all Together!**



Our next workshop will be running at Little Hallingbury Primary School, starting on Tuesday 23rd February 2010 from 7 - 9 pm.

*Think it sounds interesting but not quite sure - then please contact us to ask any questions. You can call Carole Oakley, based at Rodings Primary School on 01279 876288 or e-mail us at familyworkshops@dsmprimary.essex.sch.uk
We look forward to hearing from you!*



To book your place on the workshop at Little Hallingbury Primary School, please e-mail familyworkshops@dsmprimary.essex.sch.uk giving your name and telephone number, or complete the tear off slip below and return it to: Little Hallingbury Primary School, Wright's Green Lane, Little Hallingbury, Bishops Stortford, Hertfordshire, CM22 7RE or call the school on 01279-723382 and give your name and number.

I/We would like to attend the Focus on Families workshops to be held at Little Hallingbury Primary School starting on Tuesday 23rd February 2010

Name: _____

Telephone Number: _____

E-mail (optional): _____